

## Problem Statement

Some WPI freshmen lack motivation and get distracted from academics by digital media such as social media, video games, and television.

## Solution

We would create a program for an Insight Meeting to discourage distraction. Connie Aramento and our CAs advised us to relate anecdotes.

## Assessment Plan

### First Survey

Given to students before the program has any effect

### Insight Meeting

Teach them to resist distraction and to stay motivated

### Second Surveys

One month later, survey students, CAs, and RAs in order to ascertain the program's effectiveness

### Collect Results

Compare and analyze student results, and take into account CAs' and RAs' feedback

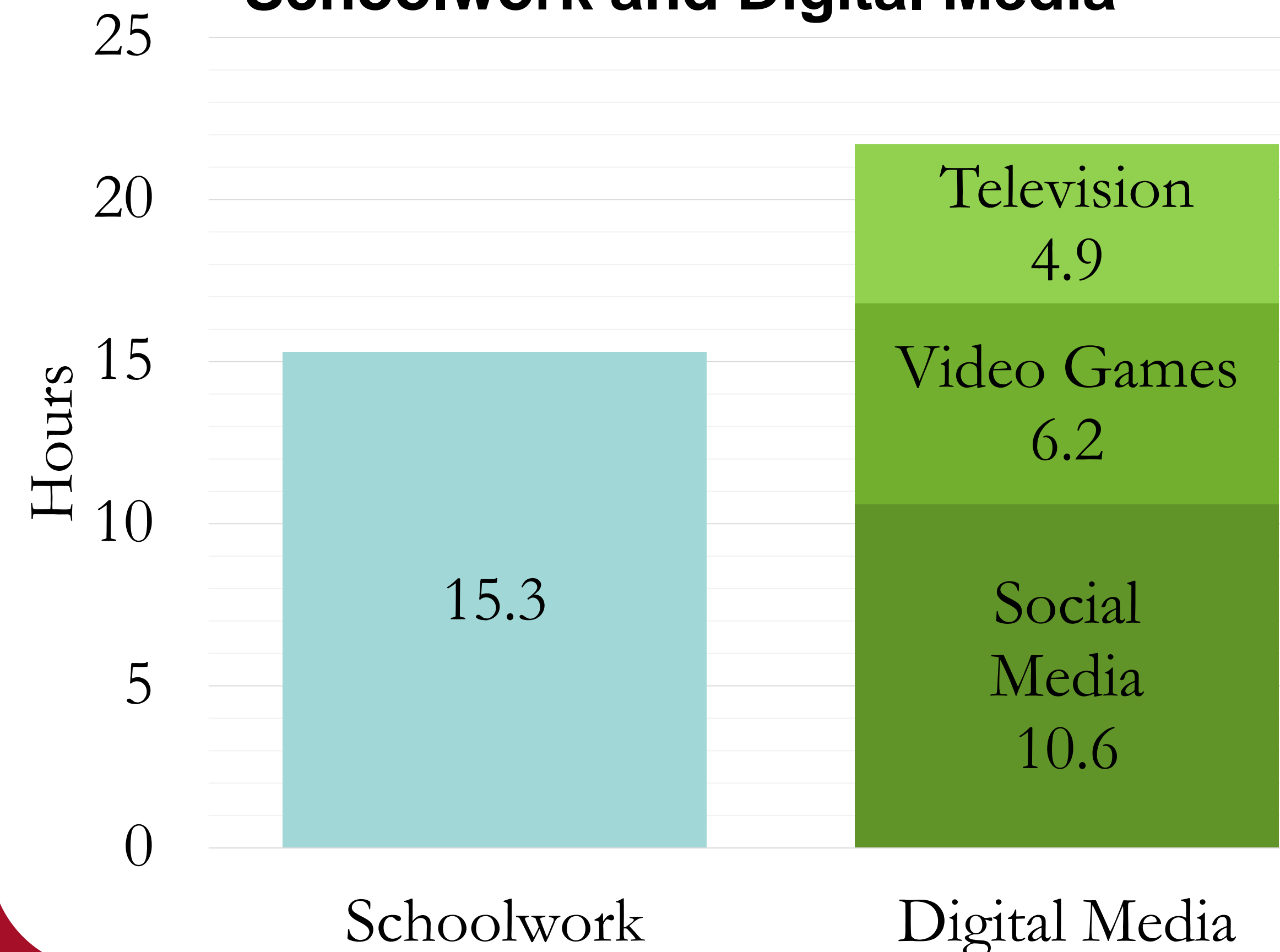
## Background

Time management is an important skill for college students. Our research shows the extent, effect, and cause of the problem in WPI freshmen.

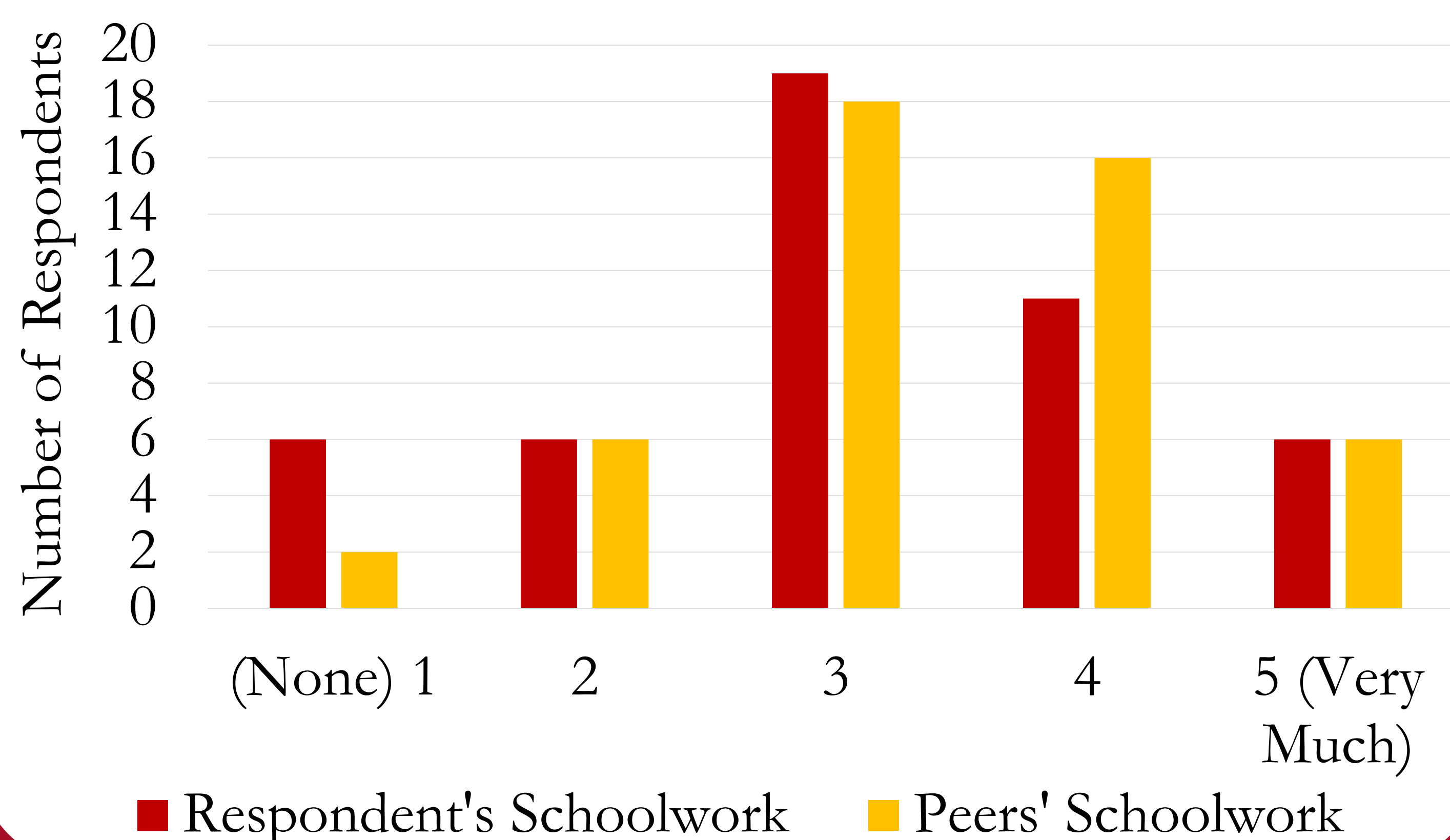


## Research Survey

Hours that Respondents Spend per Week on Schoolwork and Digital Media



How Respondents Rated Digital Media's Interference with Their and Their Peers' Schoolwork



48 WPI freshmen responded to the research survey. Our results suggest that some WPI freshmen are distracted.

## Conclusion

The Insight Meetings would teach students how to resist distraction. They would hear tips, facts, and anecdotes. Our assessments would be able to evaluate the meetings' effectiveness.

## References/Acknowledgements

Primary Logo: I Inst Prim FulClr Rev [Logo]. Retrieved from <http://www.wpi.edu/offices/marketing/logos.html>

So, Ashley (Staff Photographer). [Photograph]. Retrieved from <http://www.browndailyherald.com/2014/02/13/distraction-social-media-encourages-discussion-outside-classroom/>

[Untitled cartoon of distracted boy]. Retrieved from <http://opinion-forum.com/index/2012/12/mama-dont-let-your-babies-grow-up-to-bemultitaskers/>

We thank Connie Aramento and CAs James Akid, Allison Rivard, and Carlie Alfaro.