# Best Practices Manual of LEED New Development Section for Neighborhood Pattern and Design



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# **1.0-Introduction**

Sustainable development has become increasingly popular on an individual, community, and corporate scale. The popularity of sustainable development in the marketplace is evident in the development of LEED for Neighborhood Development (LEED-ND) Rating System.

LEED-ND was started as a pilot study in 2007, and since then has attracted 238 projects in 39 states and 6 countries to participate in the study. The purpose of the study is to create standards for assessing and rewarding development using the best sustainable development practices. The success of the pilot study led to the approval of LEED-ND in October 2009 as a national rating system for neighborhood design.

Unlike other LEED products, LEED-ND goes beyond the design and construction of buildings to emphasize the relationship of the neighborhood to its larger region and landscape by incorporating smart growth and new urbanism practices. The principals of smart growth and new urbanism advocate compact, bicycle-friendly, transit-oriented, and walkable land-use. These two practices seek to combine the components of daily life (housing, workplace, shopping, and recreation) into an integrated, accessible, and pedestrian friendly mixed-use neighborhood. The objective is to avoid urban sprawl and provide an environment where all the services that residents need are easily accessible and conveniently reached by walking.

Since the early 1950s, Stantec has helped clients create neighborhoods using lowimpact techniques that emphasize conservation. With the desire to be an industry leader in providing standards in urban planning and development, as well as maintaining a competitive edge in an aggressive market, Stantec standardized different methods of sustainable development in the form of a best practices manual (BPM).

The term best practices refer to methods and techniques that consistently show superior results when compared to those achieved by other means. However, there is no practice that is best for everyone or in every situation, and no best practice remains best for long as people keep developing better methods. Because testing and marketing unproven ideas are costly with little guarantee of consumers' acceptance, building on successful best practices is more cost effective. Since the BPM is based on tested methods, the time and money associated with implementing unproven ideas is saved.

This BPM is a subsection of the existing electronic BPM (eBPM) on Stantec's intranet. The BPM focuses on the15 credits outlined in the Neighborhood Pattern and Design (NPD) section of LEED-ND. The BPM focuses on the NPD section because 40% of LEED-ND total points are allocated to the credits in this section; thereby, emphasizing the importance of the category. In addition, the NPD section focused more on smart growth and new urbanism practices, principals that set LEED-ND apart from other LEED products.

#### 1.1- Manual's Structure

The BPM is separated into 2 sections. The first section is a comprehensive formatted table that outlines the goal and implementation methods for each of the 15 credits. The second section provides additional details on the implementation methods on some of the credits.

# **2.0-Best Practices Manual (BPM)**

# **2.1-BPM Table Introduction**

The formatting of the table aims to assist clients in making a decision based on their goals rather than "chasing credits" in order to get a LEED-ND certification. The table directs clients to focus on what aspects of sustainable development they find to be most important and applicable.

This is meant to serve as a cursory overview on the implementation methods of the 15 NPD credit in a project. It is not meant to serve as the only guide to a project, but rather a starting point to be used in the initial planning phase. For an explanation of the table itself, see the example below.

Credit: Title of LEED Credit		
Intent: This section provides the objectives of the credit named above, as provided in		
LEED-ND handbook.		
A. To easily present information on a variety of topics, this section subdivides the credit		
	into smaller goals.	
Goal	Associated Best Practices	Concerned Agencies
1. This column provides the	1. This column lists the best	Since achieving many of
goal of the subdivision	practices associated with	these goals may require
named above. While it may	achieving the goal mentioned	changes to zoning,
share a common theme with	in the adjacent left column.	streets design, bus routes
the intent of the entire		etc, this column
LEED credit, it focuses		provides the name of
more on one aspect of the		any agencies or bodies
credit, rather than the		that may need to be
whole.		involved in the planning
		process in an effort to
		expedite completion of
		the project.

## 2.1.1-BPM Table

Credit 1: Walkability Intent: To promote transportation efficiency, including reduced vehicle miles traveled. To promote walking by providing safe, appealing, and comfortable street environments that support public health by reducing pedestrian injuries and encouraging daily physical activity.

detivity.		
	A. Sidewalk Design and Layou	t
Goal	Associated Best Practices	Concerned Agencies
1. To provide adequate	1. Connect all residential	Department of
sidewalk connectivity	areas with commercial	Transportation
throughout a neighborhood,	centers via sidewalks	
and promote walking as a	(16,19).	Department of Public
viable form of		Works
transportation.	2. Vary sidewalk width	
	depending on expected foot	
	traffic volume; i.e., wider in	
	downtown shopping areas,	
	narrow in residential areas	
	(5, 19, 23).	
	3. Utilize pervious	
	pavement when pouring	
	sidewalks, reducing	
	stormwater runoff (21).	
	4. Provide ramps at each	
	corner to maintain	
	connectivity for	
	handicapped residents (16,	
	19, 23).	
	5. Plant trees along	
	sidewalk to increase	
	shading for pedestrians (5,	
	16).	
	6. Follow planting system	
	described in Credit 14 when	
	planting trees.	
	7 Provide adequate lighting	
	to promote a feeling of	
	safety (17 16)	

B. Traffic Easement Measures			
1. Promote walking and	1. Limit traffic speeds	Department of	
reduce traffic risks to	through residential areas (9,	Transportation	
pedestrians by restricting or	14, 16, 23, 25).		
controlling traffic flow.			
	2. Provide adequate		
	pedestrian crosswalks at		
	every major intersection		
	and at mid-block points on		
	larger streets (9).		
	3. Install raised pedestrian		
	crosswalks, forcing cars to		
	slow down (9,16).		
	4. Utilize sidewalk bulbouts		
	to slow traffic at necessary		
	points (16).		
	5. Force car traffic to slow		
	down by using narrow		
	street design alternatives		
	(14).		
	6. Utilize alternative paving		
	surfaces, such as		
	interlocking pavers, at some		
	intersections or on smaller		
	side streets (21).		
	C Alley Revitalization		
1 Reclaim alleys as walking	C. Aney Kevitalization	Department of Public	
naths for pedestrians	signage giving the alleys	Works	
providing alternate routes	more of a "street" feeling	W OIKS	
throughout a city's center	(7, 26)	Local Business Owners	
and promote connectivity	(7, 20).	Local Dusiness Owners	
and promote connectivity.	2 Relocate or centralize		
	arbage nickup at the end of		
	alleys limiting the need for		
	trash trucks to use the		
	whole alley		
	whole aney.		
	3 Replace asphalt with		
	more pervious materials in		
	an effort to reduce		
	stormwater runoff (3, 26).		

	<ul> <li>4. Promote alleys as viable space to local businesses, especially for outdoor restaurant seating (3, 7).</li> <li>5. Where applicable, alleys could be turned into small public parks, provided it does not interfere with firefighter access to buildings (3).</li> </ul>	
D. St	torefront/ Street front Beautific	ation
1. To create a more welcoming town center that would encourage foot traffic.	<ol> <li>Encourage businesses to utilize window displays, inviting pedestrians to walk and look (2, 4).</li> <li>Encourage street front restaurants to use outdoor seating, either on patios or sidewalks, provided the sidewalk is wide enough to still accommodate pedestrians (29).</li> <li>Maintain plantings and trees along sidewalk for shading (5,16).</li> <li>Place benches at regular intervals along streets, creating small personal spaces that encourage pedestrians to use the sidewalk for more than just walking (15).</li> </ol>	Local Business Owners/ Organizations

Credit 2: Com	pact Development
Intent: To encourage development in exist	ing areas to conserve land and protect farmland
and wildlife habitat. To promote livability,	walkability, and transportation efficiency,
including reduced vehicle miles traveled.	To improve public health by encouraging daily
physical activity associated with alternativ	e modes of transportation and compact
development.	

A. Standards for New Construction		
Goal	Associated Best Practices	Concerned Agencies
1. To promote or enforce principles of compact development concerning new construction.	1. Provide exemptions from development fees in high- density development areas (5).	Local Zoning Body
	<ol> <li>Reduce impact fees for high- density development projects</li> <li>(5).</li> </ol>	
	3. If possible, alter local zoning to effectively force compact development (5).	
	4. Set a minimum floor to area ratio (FAR) for new	
	construction, providing the above incentives to developers who follow these guidelines.	
	B Public Transit Access	
1. Provide adequate access to various forms of public transit, reducing resident dependence on automobiles, and promoting walkability.	<ul> <li>B. Public Transit Access</li> <li>1. Encourage high-density development near existing public transit (8, 11, 13, 27).</li> <li>2. Encourage use of public transit through incentives, such as lower fares on monthly passes (10, 13).</li> <li>3. If public transit is not currently available in development area, coordinate with local transit authority to provide bus service to new community.</li> </ul>	Public Transit Authority

C. Public Relations		
1. Increase public opinion	1. During project development,	
of high-density living,	hold town hall meetings or	
educating the public on both	information sessions for	
the environmental and	potential residents (29).	
economic benefits over		
traditional suburban living.	2. Promote the project	
	throughout its duration, again	
	showing the benefits of high-	
	density living (29).	
Credit	3: Mixed-use Neighborhood Cen	ters
Intent: To cluster diverse land	l uses in accessible neighborhood a	ind regional centers to
encourage daily walking, biki	ng, and transit use, reduce vehicle	miles traveled and
automobile dependence, and s	support car-free living.	
A.	Standards for New Construction	
1. To develop an area of the	1. Designate an area for mixed-	Local Zoning Body
community specifically for	use in initial project	
mixed-use development	development (23).	
	2. Design the area to have high	
	walkability, as outlined in	
	Credit 1 (5, 11).	
	3. Limit amount of parking	
	available in mixed-use areas,	
	reducing dependency on cars,	
	as well as reducing stormwater	
	runoff (11, 13).	
Credit 4:	Mixed-income Diverse Commu	nities
Intent: To promote socially ec	quitable and engaging communities	s by enabling residents
from a wide range of econom	ic levels, household sizes, and age	groups to live in a
community.		
	A. Implementation	
Goal	Associated Best Practices	Concerned Agencies
1. To provide various	1. Offer various forms of	
housing types within a	housing, including but not	
community, opening up	limited to apartments,	
residency to many different	condominiums, and stand alone	
income brackets	houses (5).	
	2. Evenly distribute the housing	
	types; i.e. mixing condos in	
	among single family houses.	

		Г	
	3. Ensure transit access for all		
	housing types (11, 27).		
B. Public Relations			
1. To encourage the	1. Develop an information		
adoption mixed-income	campaign to dispel any		
housing in a community.	reservations residents may		
	have. Topics to address		
	include:		
	• Decreased real estate		
	value due to lower		
	income housing within		
	the neighborhood (6,		
	11).		
	• Increased crime due to		
	low income residents.		
	(6, 11)		
	• Nogativa immaat an		
	• Negative impact on		
	iocal school system,		
	either due to		
	overcrowding or the		
	influx of lower income		
	students (6, 11).		
Cro	dit 5. Raducad Parking Faaturin		
Intent: To design parking to ju	arease the pedestrian orientation of	f projects and minimize	
the adverse environmental eff	ects of parking facilities. To reduc	e public health risks by	
encouraging daily physical ac	tivity associated with walking and	bieveling	
	A Parking Reduction	oleyening.	
Goal	Associated Best Practices	Concerned Agencies	
1. To physically reduce the	1. Where applicable, simply	000000000000000000000000000000000000000	
amount of parking	remove parking spots.		
available, reducing			
stormwater runoff and	2. Promote alternative		
promoting alternative	transportation by providing		
transportation	walking and bicycle access to		
	public areas (13)		
	F		
	3. Provide adequate bicycle		
	storage where needed, such as		
	in town centers or office parks		
	(13).		

	4. To minimize the impact of	
	reduced parking, businesses	
	should provide incentives to	
	employees for carpooling or	
	using alternative transportation	
	(11, 13).	
	B Parking Alteration	
1 Where reduction in	1 Replace traditional asphalt	
narking is not a viable	with parvious payament to	
solution implement	raduce stormwater runoff (1	
solution, implement		
anemative design methods	12, 21)	
to reduce the environmental		
impact of the parking	2. For lower impact parking,	
facility	traditional asphalt may also be	
	replaced with interlocking	
	pavers (12, 21).	
	3. Centralize spread out	
	downtown parking into a single	
	garage, offering the same	
	amount of parking in a much	
	smaller ecological footprint	
	(11).	
	Credit 6: Street Network	
Intent: To promote projects th	at have high levels of internal con	nectivity and are well
connected to the community a	at large. To encourage development	nt within existing
communities thereby conserv	ving land and promoting multimod	al transportation To
improve public health by enco	ouraging daily physical activity and	1 reducing the negative
effects of motor vehicle emiss	sions	a reducing the negative
	A Multimodal Access	
Goal	A specieted Post Practices	Concorned Agencies
Utility and the second	Associated Dest Flactices	Concerned Agencies
1. To reduce residents	1. Encourage high-density	Department of
dependence on automobiles	development, creating a more	Iransportation
for transportation, thereby	walkable community (5, 6, 11).	
reducing emissions and		
promoting alternative	2. Follow principles of	
transportation	walkability, as outlined in	
	Credit 1.	
	3. Encourage the use of	
	bicycles for transportation	
	providing adequate storage	
	facilities where necessary (10	
	13, 27).	

	<ul> <li>4. Provide a bicycle lane on all major roads, increasing the safety for those who choose to use alternative transportation (14).</li> <li>5. Follow the principles of compact development, as outlined in Credit 2.</li> <li>6. Minimize available parking in commercial centers, further encouraging walking or bike riding (11).</li> </ul>	
	B. Street Design	
1. To increase connectivity of streets, for both pedestrian and auto use, and in doing so reduce traffic congestion and excess vehicle emissions.	<ol> <li>The network of streets should allow for multiple routes to the same destination, providing options in the event of construction, accidents etc (14, 20, 22, 25).</li> <li>Street design should again incorporate the principles of walkability, as outlined in credit 1 (14,16, 23).</li> <li>Block size should be limited to a reasonable distance, with crosswalks installed at adequately spaced distances (19, 23, 25).</li> <li>To still allow vehicle access but promote safety for pedestrians, street width should be limited, size depending in road type; i.e. residential road, main street, etc (14, 23).</li> </ol>	Department of Transportation

Credit 7: Transit Facilities		
Intent: To encourage transit use and reduce driving by providing safe, convenient, and		
comfortable transit waiting areas and safe and secure bicycle storage for transit users.		
Goal	A community Access	Concorned Agencies
1 To provide residents of	1 Build near preexisting transit	Concerned Agencies
the community with easy	systems so that all house are	
access to public transit	within walking distance of	
	transit access (1/2 mile	
	maximum distance) (8, 16, 27).	
	2. Follow guidelines for public	
	transit as set forth in Credit 2.	
	3. Limit on site parking, rather	
	opting for connectivity via	
	walking paths and bicycle paths	
	(5, 11).	
	P Facility Design	
1 Provide residents with	1 Provide overhead cover for	Public Transit Authority
adequate transit facilities	protection from the weather be	Tublic Transit Authority
for both safety and comfort.	it stand-alone canopies, or	
	overhangs off preexisting	
	buildings (4, 15).	
	2. Depending on the climate,	
	indoor facilities should be kept	
	at a comfortable temperature.	
	3. Provide adequate onsite	
	bicycle storage for commuters	
	(27).	
	4 Maintain connectivity with	
	the community via walking	
	paths and bicycle paths (27).	
	r	

Credit 8: Transportation Demand Management		
Intent: To reduce energy consumption, pollution from motor vehicles, and adverse public		
health effects by encouraging multimodal travel.		
A. Public Implementation		
Goal	Associated Best Practices	Concerned Agencies
1. To promote alternative	1. Provide adequate bicycle	
transportation among	storage in town centers, as	
residents, thereby	well as at public and civic	
decreasing emissions and	spaces (11, 13).	
meredsing physical activity.	2. Promote the use of public	
	transit through discounted	
	fares or other incentives (11,	
	13, 28).	
	2 Maintain hiavala lanas as	
	well as walkable sidewalks.	
	4. Limit parking in	
	downtown areas, as noted in	
	Credit 5.	
	5. Improve area of	
	operations for public transit,	
	making it an inviting option	
	to residents (27).	
1 To many static second f	B. Business Implementation	
1. To promote the use of	1. Provide adequate bicycle	
transportation among	storage in business centers.	
employees of local	2 Provide lockers and	
husinesses	shower facilities to	
	employees who choose to	
	utilize bicycle for	
	transportation to work (10).	
	1	
	3. Promote carpooling	
	among employees by	
	offering incentives, such as	
	a mileage matching service	
	(10, 28).	

	4. Provide a car sharing	
	service for errands while at	
	work; i.e. Zipcar service.	
	5. If public transit is not	
	within walking distance,	
	implement a shuttle service	
	for employees wishing to	
	use public transit (10).	
	6. Provide employee	
	incentives for alternative	
	transportation i.e. awards	
	for most miles biked to	
	work, most miles	
	carpooled, etc (28).	
Credit	9: Access to Civic and Public	2 Spaces
Intent: To improve physical a	nd mental health and social cap	pital by providing a variety of
open spaces close to work and	d home to facilitate social netw	vorking, civic engagement,
physical activity, and time sp	ent outdoors.	
	A. Connectivity	
Goal	Associated Best Practices	Concerned Agencies
1. To provide access to	1. Maintain walkable	Department of Public
public spaces to all	sidewalks and bicycle trails	Works
residents of a community.	throughout the community,	
	connecting to all public	
	areas (14, 16, 19).	
	2. Provide spaces accessible	
	by all residents, regardless	
	of age or physical ability	
	(16, 19).	
	3. Limit parking in an effort	
	to promote alternative	
	transportation (11).	
	4. Provide adequate bicycle	
	storage facilities.	
	B. Distribution of Public Space	2
1. To allow all residents an	1. Rather than centralizing	
equal opportunity to use	public space in one	
public spaces.	location, create smaller	
	1 11 1 1	
	public areas throughout a	

	<ul> <li>2. Create a variety of spaces, such as parks, plazas, town squares, etc. to meet the different needs of residents.</li> <li>2. Description the second function of the second f</li></ul>	
	spaces through public events, such as concerts and	
	markets (5).	
Credi	t 10: Access to Recreation Fa	cilities
Intent: To improve physical and mental health and social capital by providing a variety of recreational facilities close to work and home to facilitate physical activity and social networking		
	A. Connectivity	
Goal	Associated Best Practices	Concerned Agencies
1. To provide access to recreation facilities for all residents.	<ol> <li>Associated Best Flactices</li> <li>Maintain walkable sidewalks and bicycle trails throughout the community, connecting to all public areas (14, 16, 19).</li> <li>Provide spaces accessible by all residents, regardless of age or physical ability (16, 19).</li> <li>Limit parking in an effort to promote alternative transportation (11).</li> <li>Provide adequate bicycle</li> </ol>	Department of Recreation
	storage facilities.	
	B. Facility Usage	
1. To provide a variety of usages for recreational facilities.	1. Form afterschool programs that utilize recreational facilities.	
	2. Encourage recreational sports leagues to use the facilities, creating a greater sense of community among residents.	

people of diverse abilities.		
es		
ý		
t		
ices		
Intent: To encourage responsiveness to community needs by involving the people who		
now		
2S		
dy		

	2. Regular town meetings	
	should be held with	
	residents encouraged to	
	voice their opinions about	
	changes they deem	
	necessary	
	necessary.	
	3. Utilize surveys, either	
	paper or electronic to gather	
	residents' opinions about the	
	community as a whole	
	community us a whole.	
	4 Create committees	
	concerned with various	
	aspects of the community	
	and encourage resident to	
	ioin (10)	
	Join (19).	
	redit 13. Local Food Productic	)n
Intent: To promote communit	ty-based food production impro	we nutrition through
increased access to fresh proc	luce support preservation of sm	all farms producing a wide
variate of grops, reduce the n	agative environmental effects of	flarge scale industrialized
agriculture and support local	egative environmental effects of	range-scale industrialized
agriculture, and support local	economic development that me	reases the economic value
and production of farmlands and community gardens.		
• • • • • • • • • • • • • • • • • • •		
	A. Resident Participation	
Goal	A. Resident Participation Associated Best Practices	Concerned Agencies
Goal 1. To involve residents in	A. Resident Participation Associated Best Practices 1. Create a community	Concerned Agencies
Goal 1. To involve residents in both the growing and	A. Resident Participation Associated Best Practices 1. Create a community garden with available public	Concerned Agencies
Goal 1. To involve residents in both the growing and purchase of local food.	A. Resident Participation Associated Best Practices 1. Create a community garden with available public space, encouraging residents	Concerned Agencies
Goal 1. To involve residents in both the growing and purchase of local food.	A. Resident Participation Associated Best Practices 1. Create a community garden with available public space, encouraging residents to use it for personal food	Concerned Agencies
Goal 1. To involve residents in both the growing and purchase of local food.	A. Resident Participation Associated Best Practices 1. Create a community garden with available public space, encouraging residents to use it for personal food production (29).	Concerned Agencies
Goal 1. To involve residents in both the growing and purchase of local food.	A. Resident Participation Associated Best Practices 1. Create a community garden with available public space, encouraging residents to use it for personal food production (29).	Concerned Agencies
Goal 1. To involve residents in both the growing and purchase of local food.	<ul> <li>A. Resident Participation</li> <li>Associated Best Practices</li> <li>1. Create a community</li> <li>garden with available public</li> <li>space, encouraging residents</li> <li>to use it for personal food</li> <li>production (29).</li> <li>2. Ensure that the community</li> <li>garden only groups law</li> </ul>	Concerned Agencies
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B Local Business Participation		
1. To involve local	1. Encourage local markets	
businesses in supporting	to buy locally, highlighting	
small local farms.	the benefits of doing so.	
Credit	14: Tree-Lined and Shaded S	treets
Intent: To encourage walking	, bicycling, and transit use and c	liscourage excessive
motoring speeds. To reduce	urban heat island effects, improv	ve air quality, increase
evapotranspiration, and reduc	e cooling loads in buildings.	
	A. Implementation	
Goal	Associated Best Practices	Concerned Agencies
1. To provide shading along	1. Plant trees at regular	Department of
pedestrian pathways and	intervals along street (5).	Transportation
streets, encouraging further		
toot traffic	2. Ensure species is a native,	Department of Public
	low-maintenance species	Works
	(15).	
	2 Utiliza graval planting	
	trenches running parallel to	
	the street to allow plant	
	roots to grow laterally	
	without disturbing either the	
	sidewalk or street pavement	
	(21).	
	().	
	4. Plant trees along bicycle	
	paths, providing necessary	
	shade.	
2. To further reduce the	1. In warm weather climates,	
heat island effect felt in all	concrete can be used rather	
major communities by way	than asphalt for roadways;	
of alternate paving	lighter color absorbs less	
methods.	heat (18, 21).	
	2. Implement principles of	
	cool paving, either using	
	concrete pavement, or	
	adding pigments to asphalt to	
	change its color (18).	
	3 Pavements should also all	
	be permeable to aid in	
	stormwater runoff as well as	
	keep the pavement cool by	
	way of evaporation (18).	

Credit 15: Neighborhood Schools		
Intent: To promote community interaction and engagement by integrating schools into		
the neighborhood. To support	rt students' health by encouragin	g walking and bicycling to
school.		
A. School Location		
Goal	Associated Best Practices	Concerned Agencies
1. To provide local	1. If building a new facility,	
schooling in a convenient	try to locate it within $\frac{1}{2}$ mile	
location, thus encouraging	of the majority of housing	
alternative transportation	(Error! Reference source	
	not found.).	
B	School Connectivity and Desig	n
1. To provide safe and easy	1. Incorporate bicycle paths	
access to schools, making it	that tie into school grounds	
feasible for children to not	(29).	
rely on buses for		
transportation.	2. Provide adequate bicycle	
	storage for both students and	
	employees who choose	
	alternative transportation.	
	3. Provide sidewalk access to	
	school grounds, with	
	adequate crosswalks in place,	
	as outlined in Credit 6 (19).	
	4. Increase the use of traffic	
	easement measures in the	
	immediate area of schools;	
	these measures are outlined	
	in Credit 1 (19).	

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# **2.2-Additional Information on NPD Credits**

This section provides a description on some of principal objective in the 15 NPD credits. The aim of this section is to provide a more detailed guideline on some of the implementation methods. This section does not provide additional information on all of the 15 credits because some objectives in the 15 credits overlap with each other, and the BPM table provide sufficient information.

# 2.2.1-Credit 1: Walkability

## **Traffic Easement**

Traffic easement, when properly employed, can increase the safety of pedestrians and bicyclists while still allow drivers to use motor vehicles for efficient transportation. The simplest form of traffic easement is reducing speed limits in high traffic areas, such as downtown shopping areas or in roads adjacent to schools. This strategy is only effective if speed limits are thoroughly enforced, which in many areas is not always possible due to understaffed police forces. To effectively control traffic without policemen involvement, physical measures must be installed or incorporated into road design. Below are a few examples of these physical measures.

- <u>Reduction in Street Width</u>
  - Many residential roads offer parking on both sides, making roads almost 40 feet wide
    - Wide roads offer more margin for error, and thus more opportunities to speed
    - By narrowing street width, traffic is forced to slow down
  - Associated benefits
    - Narrower roads cover less surface are with impervious material, resulting in less stormwater runoff
    - Reduction in asphalt will reduce the heat island effect present in many communities
- <u>Crosswalks</u>
  - Offer a safe way for pedestrians to move about in both residential and commercial areas
    - Installing speed bumps before crosswalks slows traffic
  - By raising crosswalks (to be level with the curb), visibility is increased
    - Also acts as a larger speed bump, requiring traffic to slow down
- <u>Bulb-outs (curb extensions)</u>
  - Curb extensions can be used to drastically narrow roadways
    - Ideal for crosswalks and high foot traffic areas
    - Shorten the crossing distance for pedestrians
  - Increase visibility of pedestrians to oncoming motorists
  - Also useful at transit centers
    - Allows riders to step directly onto grade with the sidewalk

Handicapped accessibility to public transit is made easier



Figure 1: Diagram of a Street That Includes Bulb-outs

#### References:

#### Road Width Control

http://www.deq.state.id.us/water/data\_reports/storm\_water/catalog/sec\_3/bmps/19.pdf Traffic Calming http://www.vtpi.org/tdm/tdm4.htm

Effects of Traffic Calming

http://www.ci.berkeley.ca.us/uploadedFiles/Public\_Works/Level\_3\_-\_General/ch5.pdf Street Lighting

Street lighting should be considered in community design because it gives the community a sense of well-being and security.

Adequate street lighting can be defined as:

- Staggered lights spaced 150' within 1300' of transit facilities
  - This spacing is also ideal for alleys to provide maximum illumination in an attempt to deter crime
- Staggered lights spaced 300' outside of 1300' form transit facilities

To reduce light pollution, installed lights should be dark-sky compliant fixtures. Examples include:

- LED light arrays
- High Pressure Sodium (HPS)
- Pulse Start Metal Halides (PSMH)

#### References

Dark Sky, and organization dedicated to reducing light pollution <u>http://www.darksky.org/mc/page.do?sitePageId=59690</u> San Diego guide to street light design <u>http://www.sandiego.gov/undergrounding/pdf/streetdgnman.pdf</u> British Study on Crime Reduction by Street Lights <u>www.celfosc.org/biblio/seguridad/atkins.pdf</u> Chicago Alley Lighting Project <u>http://www.icjia.org/public/pdf/ResearchReports/Chicago%20Alley%20Lighting%20Proj</u> ect.pdf

#### Alley Revitalization

Alley revitalization can be as simple as replacing the paving surface, or as complex as converting the alley into useable public places such as parks and squares. The goal is to turn a neglected space into a more welcoming environment for a variety of uses.

#### References

Chicago Green Alley Handbook <u>http://brandavenue.typepad.com/brand\_avenue/files/greenalleyhandbook.pdf</u> Sacramento Alley Activation Report <u>http://www.cityofsacramento.org/dsd/customer-service/AlleyActivation\_FINAL.pdf.pdf</u> Los Angeles Alley Treatment Options <u>http://csc.usc.edu/documents/mwd\_brochure\_june\_30\_09.pdf</u>

## **2.2.2-Credit 2: Compact Development** Standards for New Construction

Commercial developers will build what they see to be the most economically viable option. In many areas, the most viable option will be large houses on large lots, giving residents the personal space they desire. However, there are some communities that are calling for a reduction in lot size and increase in density, thereby reducing the environmental impact caused by the community. This can be achieved in several ways, each listed in the table.

#### References

Guide to compact Development http://www.metrocouncil.org/planning/TOD/Compact\_dev.pdf Developer Incentives for Compact Development http://www.ecy.wa.gov/climatechange/2008GMAdocs/Concept\_DeveloperIncentives.pdf

#### **Public Transit Access**

Increased access to public transit is one of the easiest and most effective ways to reduce vehicle miles traveled (VMTs), thereby reducing excess carbon emissions in the community. For this to be an effective strategy, however, there must be access for the majority of residents, with a maximum walking distance of ½ mile to the access point. Compact development aims to meet this goal of public access by building near preexisting public transit and providing safe walking and bicycle access to these facilities.

Public transit use can be increased through public policies, such as providing fare free zones, offering reduced fares to daily riders, or working with local businesses to reduce the amount of free parking available to both workers and customers. Some countries, Canada included, have also offered a tax credit for public transit use, covering up to 15% of the yearly cost of using public transit.

#### References

Ottawa Master Plan for Increased Public Transit Use <u>http://www.ottawa.ca/city\_services/planningzoning/2020/transpo/7\_en.shtml</u> Canada Transit Use Tax Credit <u>http://www.transitpass.ca/about\_e.asp</u>

#### **Public Relations**

Gathering public support for any project is a vital step, and in some cases can be one of the most difficult. Both the U.S. and Canada have seen the growth of suburbs over the last 60 years. This trend towards suburban life led to residents becoming accustomed to more land per capita, much more than would be present in a newly constructed compact development. As such, it may be difficult to find buyers for these new homes, seeing as it goes against what many people see as the traditional family dwelling. By showing the positive benefits of compact development, residents for a new development should be easier to find.

#### References

Compact Development Fact Sheet <u>http://www.greatcommunities.org/intranet/library/sites-tools/great-communities-toolkit/CompactDevl.pdf</u> High Density Development Myths and Facts <u>http://www.nmhc.org/Content/ServeFile.cfm?FileID=4647</u>

#### **2.2.3-Credit 3: Mixed-use Neighborhood Centers** Mixed-Use Construction

Mixed-use construction is very common in most U.S. cities, with apartments located above first floor stores. It helped increase the density in cities, having the positive effect of reducing the strain on utilities such as electrical and water infrastructure. This high density was developed in the past partly out of necessity, since many people who lived in cities didn't have access to automobiles and as such had to have all services located within the city. With the rise of automobile ownership and the increase in urban sprawl, residential and commercial spaces were gradually isolated form one another.

In an effort to reduce vehicle use and increase pedestrian activity, many urban centers and some new developments are going back to mixed-use development. While not necessarily having housing located above shops, the same goal is achieved by having stores and services in very close proximity to housing units. This can be an issue in some areas, however, due to zoning regulations regarding multiple uses for the same location. By working with the local zoning body, this issue should be addressed in the initial development of the project by showing the benefits, both economic and social, of mixeduse construction.

#### References

Mixed-Use Master Plan <u>https://scholarsbank.uoregon.edu/xmlui/bitstream/handle/1794/7633/Lebanon\_Russell\_D</u> <u>rive\_Plan\_Final.pdf?sequence=1</u> Minneapolis Housing Initiative Mixed-Use Plans <u>http://www.housinginitiative.org/pdfs/Mixed%20Use%20Developments/mixed\_use\_MD</u> <u>C.pdf</u> Mixed-Use Code Handbook (Oregon) http://egov.oregon.gov/LCD/docs/publications/commmixedusecode.pdf

#### **2.2.4- Credit 4: Mixed-income Diverse Communities** Implementation

In reality, creating a mixed-income community has little to do with sustainability. The intent behind it, however, is clear; to promote a sense of community among people of different income brackets, ending the traditional practice of separating communities based on housing type. By having a mix of apartments, condominiums, and standalone houses, the community will be affordable to a variety of residents.

One community that achieved this mix of housing types successfully is Griesbach Village. Located in north Edmonton, this new development offers a variety of housing styles in close proximity to one another, ranging from single family homes, to small rental homes for low-income residents. The land was not zoned for any particular housing type, so houses and apartments could both be built with ease. In some communities this may not be the case, and there made to be changes made to the building code to allow for denser housing.

#### References

Griesbach Village <u>http://www.villageatgriesbach.com/</u> Sustaining Urban Mixed-Income Communities <u>http://www.uli.org/ResearchAndPublications/Reports/~/media/Documents/ResearchAnd</u> <u>Publications/Reports/Affordable%20Housing/SustainingMixedIncome.ashx</u>

#### **Public Relations**

Overcoming initial resistance to mixed-income housing could prove to be a difficult step for many communities. Many people have an idea that low income is associated with crime, which is not necessarily the case. Through a campaign of public information, these concerns could be readily addressed, allowing the community to move forward without concerns or reservations being held by some of its members.

#### References

Housing and Urban Development- Study on Mixed-Income Housing http://www.hud.gov/offices/cpd/affordablehousing/library/modelguides/2004/200315.pdf Urban Land Institute Strategies for Mixed-Income Communities http://www.uli.org/~/media/Documents/ResearchAndPublications/Reports/Community% 20Catalyst/Report%208.ashx

#### **2.2.5-Credit 5: Reduced Parking Footprint Parking Reduction**

By reducing available parking, a community is essentially pushed into the mindset of walkability. While this may not be an option for all areas, it is fairly easy to implement in those that can afford the limited parking. New opportunities for public spaces also arise. Much as alley revitalization was described in Credit 1, the same could be done to a no longer necessary parking lot, turning into urban green space. Restaurants could also utilize these new spaces for outdoor seating.

In some business districts removing parking may cause problems for many employees. If this may be the case, employers or the local government could offer incentives for public transportation, as outlined in Credit 2.

#### **Parking Alteration**

In some communities, reducing the available parking may not be an option. The community may be too spread out, and therefore not walkable, or there just may be too many businesses that rely on automobile transportation. If this is the case, several steps can be taken to reduce the negative environmental effects often associated with asphalt paving.

Porous pavement and interlocking pavers allow stormwater to penetrate into the soil, reducing stormwater by as much as 90%. This drastic reduction in runoff can be achieved at relatively low initial cost, and will have effects on the built environment as a whole. Flooding will be reduced for most major storm events, and any preexisting drainage systems will se much less water flow, and thus need less maintenance. Even a mix of porous and traditional pavements will make a difference, and will also last longer.



**Figure 2: Parking Lot With Porous Parking Spaces**<sup>1</sup>

#### References

Pennsylvania Stormwater Management Guide (covers benefits and installation of porous pavement)

http://www.dep.state.pa.us/dep/subject/advcoun/stormwater/manual\_draftjan05/section06 -structuralbmps-part1.pdf

The San Mateo Countywide Water Pollution Prevention Guide (includes more porous pavement information)

http://www.flowstobay.org/documents/business/new-

development/4.7\_Pervious\_Paving\_Technical\_Guidance.pdf

Sample Alley Redesign (shows stormwater runoff reduction as well as cost estimation for porous pavement installation)

(See Appendix B)

<sup>&</sup>lt;sup>1</sup> San Mateo Countywide Water Pollution Prevention Guide. Page 42.

### **2.2.6-Credit 8: Transportation Demand Management** Transportation Management Implementation

In many downtown areas, heavy traffic congestion is an everyday sight. This congestion is caused by an overdependence on cars, brought on in part by urban sprawl and the resulting decentralization of services. In an effort to combat this inefficient form of transportation, many cities around the world utilize some form of transportation demand management. These management practices are usually implemented on a governmental level, but individual business owners and employers could also help in the effort to reduce traffic flow.

- <u>Governmental</u>
  - Limiting available parking makes driving a less feasible option
    - Also opens up new opportunities for open space
  - Discounted or tax deductible public transit use are great options
    - Canada has implemented a plan to refund 15% of public transit cost to the individual
  - Many suburban areas are not served by public transit
    - Adding train line isn't feasible due to development
      - Extending/expanding bus routes is possible, may result in higher taxes
        - Public should be educated on the benefits of public transit
- <u>Business</u>
  - Encouraging the use of multimodal transportation can be quite beneficial
    - Awards based on number of miles walked/biked can be implemented
    - Many offices have wellness programs, biking could easily be incorporated; e.g. Stantec's program with Kersh Wellness
  - Implement monthly parking rate if not already in place
    - If already existent, increase rate
  - Carpooling
    - See "vanpooling" in Washington State

#### References

Basic Transportation Management Policies <u>http://www.walkinginfo.org/develop/policies-transportation.cfm</u> Arlington VA TDM Plan <u>http://www.commuterpage.com/TDM/pdf/TDM\_Policy1990\_2008.pdf</u> Washington State TDM <u>http://www.wsdot.wa.gov/tdm/</u>

# **2.2.7-Credit 11: Visibility and Universal Design** Universal Design

Several laws, such as the Americans with Disabilities Act, have addressed the issue of handicapped accessibility but these laws only apply to public buildings or businesses. To fully participate in the community, handicapped access should be incorporated into all aspect of the neighborhood.

Most houses are not handicap accessible; they only become so when a resident requires it. By making all houses accessible, visitability is achieved. Visitability calls for three basic requirements of any house:

- 1) One zero-step entrance.
- 2) Doors with 32 inches of clear passage space.
- 3) One bathroom on the main floor accessible by wheelchair.

By incorporating these three requirements into new construction, it allows persons of any mobility to have access to the houses of friends and family where they usually might not, further increasing their feeling of being part of the community.

Universal design could be an issue in older communities or many urban areas, where front doors are raised with a raised basement below it. If this is the case for a community undergoing redevelopment, then this credit simply isn't achievable without major dedication of funding and time for the remodeling of all residential units.

References

Visitability <u>http://www.visitability.org/</u> Visitabilty Initiative <u>http://www.ap.buffalo.edu/idea/Visitability/index.asp</u> Center for Universal Design <u>http://www.design.ncsu.edu/cud/</u> Iowa Program for Assistive Technology. *A Practical Guide to Universal Home Design: Convenience, Ease, and Livability.* http://www.uiowa.edu/infotech/universalhomedesign.pdf

# **2.2.8-Credit 13:** Local Food Production **Food Production**

Community gardens provide a number of benefits, first and foremost being fresh fruits and vegetables. They also provide a space for social interaction, further increasing the sense of community felt by residents. If those who used the garden chose to, the produce could be sold at local markets, providing extra income for residents and stimulating the local economy. Community gardens can also serve as green space for urban communities that may be lacking in outdoors areas.

Community gardens can be made to suit the needs of the community, i.e. crops, size, and location are all variable. Vacant lots are present in many communities and can serve as a prime location for a garden. Soil conditions, however, can be variable and as such the previous use of the land should be known before planting to ensure that the site is not contaminated.

Another option is Community Supported Agriculture. Information is available from the sites listed below.

#### References

American community Gardening Association <u>http://www.communitygarden.org/learn/</u> City Farms and Community Gardens <u>http://www.farmgarden.org.uk/</u> Vertical Farm (an interesting idea to provide adequate crops in limited space) <u>http://www.verticalfarm.com/</u>

Ontario CSA Directory <u>http://csafarms.ca/index.html</u> CSA in the US <u>http://www.attra-pub/PDF/csa.pdf</u> University of Massachusetts information for US/Canada <u>http://www.umassvegetable.org/food\_farming\_systems/csa/</u>

### 2.2.9-Credit 14: Tree-Lined and Shaded Streets Benefits of Trees

While many people think of trees as just a decorative feature used to increase residential property value, they do offer many environmental, economic, and safety benefits:

- Environmental
  - Reduction in stormwater runoff
    - 10% increase in canopy cover reduces runoff by 5%
  - Reduced "heat-island" effect
    - Temperatures of shaded pavement is considerably lower, thus a lower ambient air temperature is achieved
- <u>Economic</u>
  - Lower ambient air temperatures result in lower cooling costs for residents
  - Shade streets last longer without the need for resealing
    - The cooler temperatures allow the slurry seal to last longer
    - 20% shading will result in 60% cost reduction over 30 years
- <u>Safety</u>
  - Shaded streets result in lower light levels, so drivers tend to slow down
  - Trees along the side of the road can show a curve in the road long before they reach it, especially helpful at night
  - Trees act a natural barrier between drivers and pedestrians in the event of an accident

#### References

U.S. Forest Service <u>http://www.forestsforwatersheds.org/reduce-stormwater/</u> Safety Benefits of Trees <u>http://www.coloradotrees.org/benefits.htm#16</u> EPA- Heat Island Reduction Strategies <u>http://www.epa.gov/hiri/resources/pdf/TreesandVegCompendium.pdf</u>

#### **Cool Pavements**

Traditional asphalt has a very low albedo, or reflectivity, causing it to hold large amounts of heat. This heat more rapidly deteriorates the asphalt and also increases the ambient air temperature, which causes the heat-island effect. By adding lighter pigments to asphalt mixtures the albedo can be greatly improved, resulting in pavement that retains much less heat. Lighter pavements also increase visibility on roads at night, further increasing driver safety.

#### References

Heat Island Research <u>http://heatisland.lbl.gov/Pavements/LowerTemps/</u> Economic Benefits of Cool Pavements <u>http://www.ci.gilbert.az.us/planning/urbanheatisland.cfm?style=print</u>