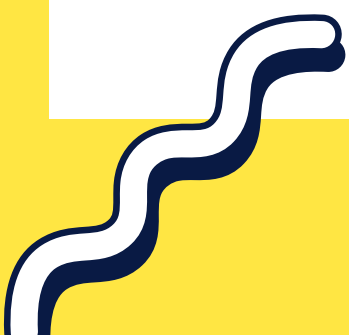
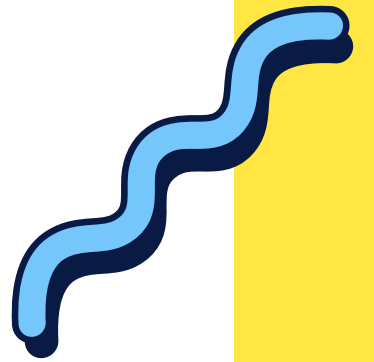


Parent Booklet



Recommended Family
Activities

March 2020
Sponsored by:





The Challenges

Barriers you may be facing



Lack of Time

Parents have busy lives



High Cost

London is an expensive city



Cluttered Info

Cannot find suitable activities





The Goal

Making family life easier



Save Time

Find a fun activity quickly



Affordable Cost

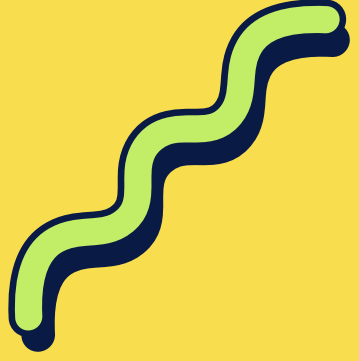
Low cost or free activities



Organised Info

Activities for your children's interests





For Future Scientists



British Museum

Free Entry

Visiting Time: 2-4 hr

Go on an 'Eye Opener Tour' to discover two million years of human history and culture

Natural History Museum

Free Entry

Visiting Time: 2-4 hr

Get up-close with nature, discover fascinating creatures and intriguing science

Royal Observatory Greenwich

Entry Cost: From £7.20

Visiting Time: 1-3 hr

Stand on the historic Prime Meridian where east meets west, and take your place at the centre of the world!

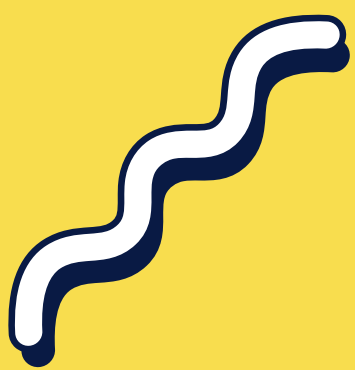
Science Museum

Free Entry

Visiting Time: 1-3 hr

Fuel your imagination and immerse yourself in a world of wonder at the most spectacular interactive gallery in the world

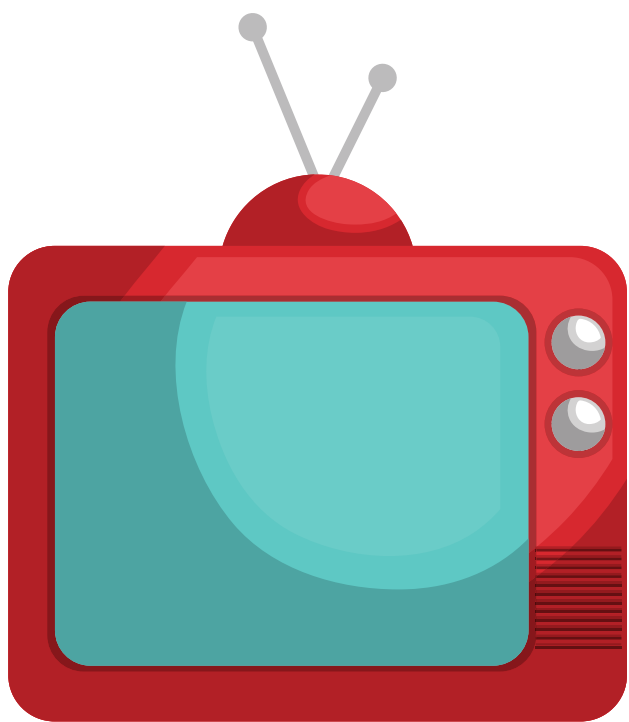




For Future Scientists



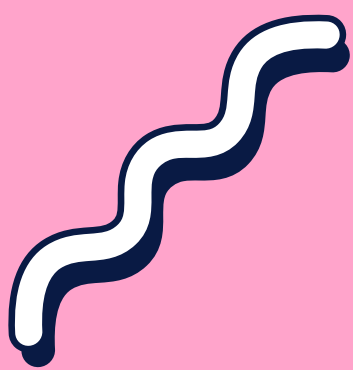
- *Pax* by Sara Pennypacker
- *Are We Smart Enough to Know How Smart Animals Are?* By Frans De Waal
- *National Geographic Animal Encyclopedia* by Lucy Spelman



- *Blue Planet* (2001)
- *Planet Earth* (2006)
- *Earth* (2009)
- *Oceans* (2010)
- *African Cats* (2011)
- *IMAX Born to be Wild* (2011)



- ZSL London Zoo
- Outer Cir, London NW1 4RY
- Entry Fee From £ 14.89
- Sea Life London
- Westminster Bridge Rd, London SE1 7PB
- Entry Fee From £ 15.21



For Future Artists



The National Gallery.

Free Entry

Visiting Time: 2-4 hr

Encounter mythical tales retold in pictures in a family storytelling session

Cartoon Museum

Free Entry

Visiting Time: 1-2 hr

Encourage young people to explore their creativity and be inspired by the wide variety of cartoons and comic pages in the Museum's collection. Activities from £10.00



TATE MODERN
WORKSHOP

The Big Trip:
Storytelling and
Drawing

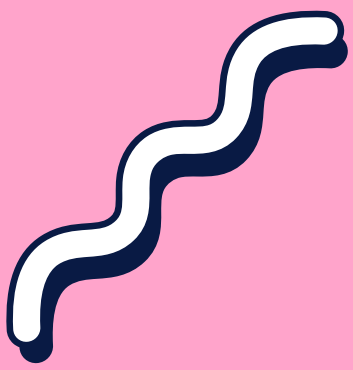


Tate Modern Gallery.

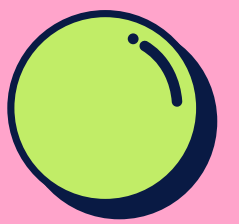
Free Entry

Visiting Time: 1-4 hr

From regular daily and weekend workshops to special events in the school holidays, find out what's on for families



For Future Artists

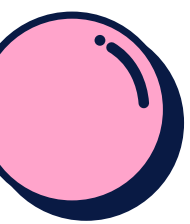
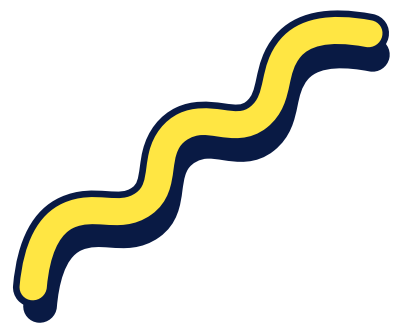


Shakespeare's Globe

Free Entry

Visiting Time: 1-2 hr

Get a fascinating tour of the iconic Globe Theatre, bringing the space to life with colourful stories of the 1599 Globe



V&A Museum

Free Entry

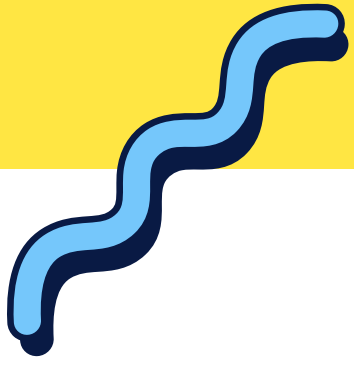
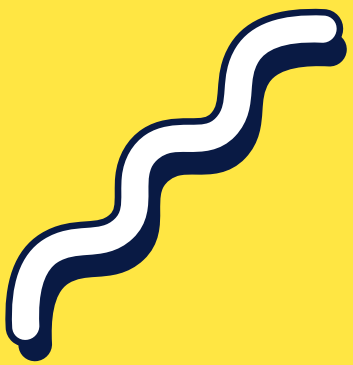
Visiting Time: 1-4 hr

Free family activities are available in the the world's leading museum of art and design almost everyday





Activities for All Families



Bedtime Stories

10- 20 mins

Help your child sleep, combat nightmares and monsters under the bed, and bring sweet dreams to them



Weekend Hiking

3 - 6 hr

Use a scavenger hunt template online to introduce species to children. Offer a prize for finding or identifying every item on the list



Plan a Family Trip

1 - 3 days

If you are planning a family vacation, bring your child into the planning process. They will practice budgeting, research and reading skills, and being involved with the planning process will make them feel like they are making big decisions



Online Resources Suggested by Gospel Oak Primary & Nursery School

10 min - 1 hr





Detailed Online Resources



Maths

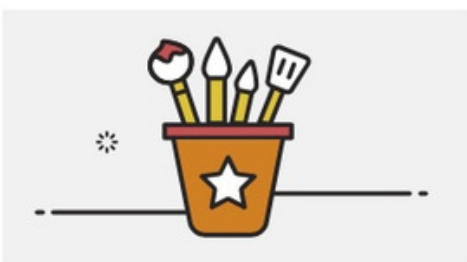
- **Learn Your Tables** - Website to help children learn their times tables
- **Nrich** - Full of maths problems and puzzles for children to solve
- **Interactive Resources** - Lots of mathematical games and activities

Spelling

- **Spelling Bee** - Practise spellings at home

Other Materials

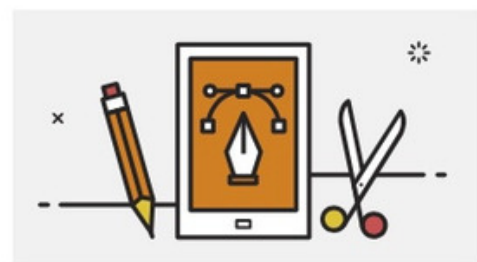
- **Purple Mash** - "An award winning creative online space, designed to support and enhance every child's daily learning experience"
- **Education City** - Educational website used in schooltime and available for Year 6 students as a homework module
- **Bitesize** - A huge site with lots to explore



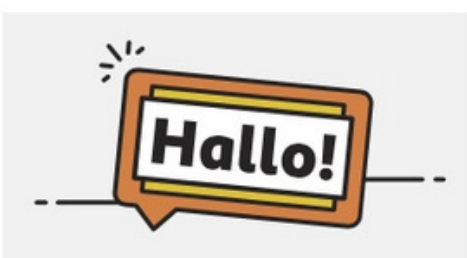
Art and Design



Computing



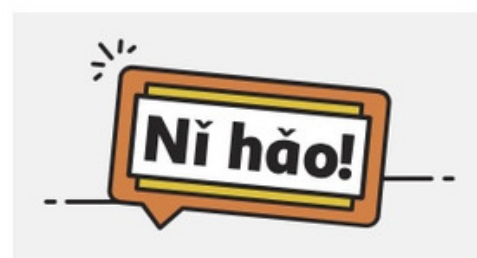
Design and Technology



German



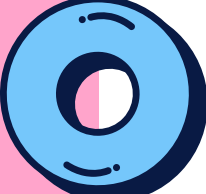
History



Mandarin




How to Help Child Complete Their Homework Efficiently



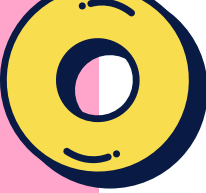
#1 Start homework within 30 minutes of arriving home



#2 Give your child a healthy snack before they start



#3 Set a timer for 45 minutes and start with the toughest subject first



#4 Make sure all supplies your child needs are within arm's reach



#5 Limit the distractions



Full video is available [here](#)





How to Read with Your Child

1. Show the cover

- Before reading, ask them questions about the cover

2. Make it engaging

- Use separate voices and ask questions about different pictures
- Use actions

3. Test progress

- Ask questions, such as how the characters are feeling and what they think will happen next
- Encourage them to sum up what they've learned after finishing a chapter

4. Check newly acquired skills

- Whenever new words pop up, make them guess the meaning by using picture clues or words around it. Use a dictionary
- Break down sentences they do not understand and ask simple questions

5. Get feedback

- Ask your child what they like or dislike about the story
- Why?

Full video is available [here](#)



Contact Us



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