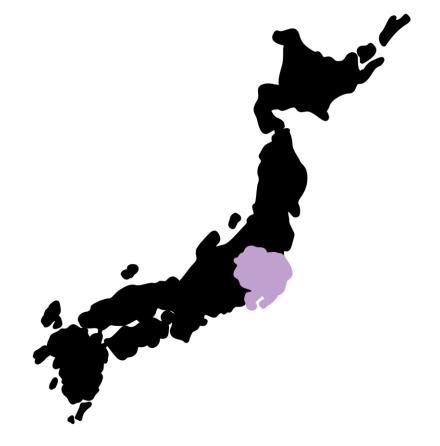


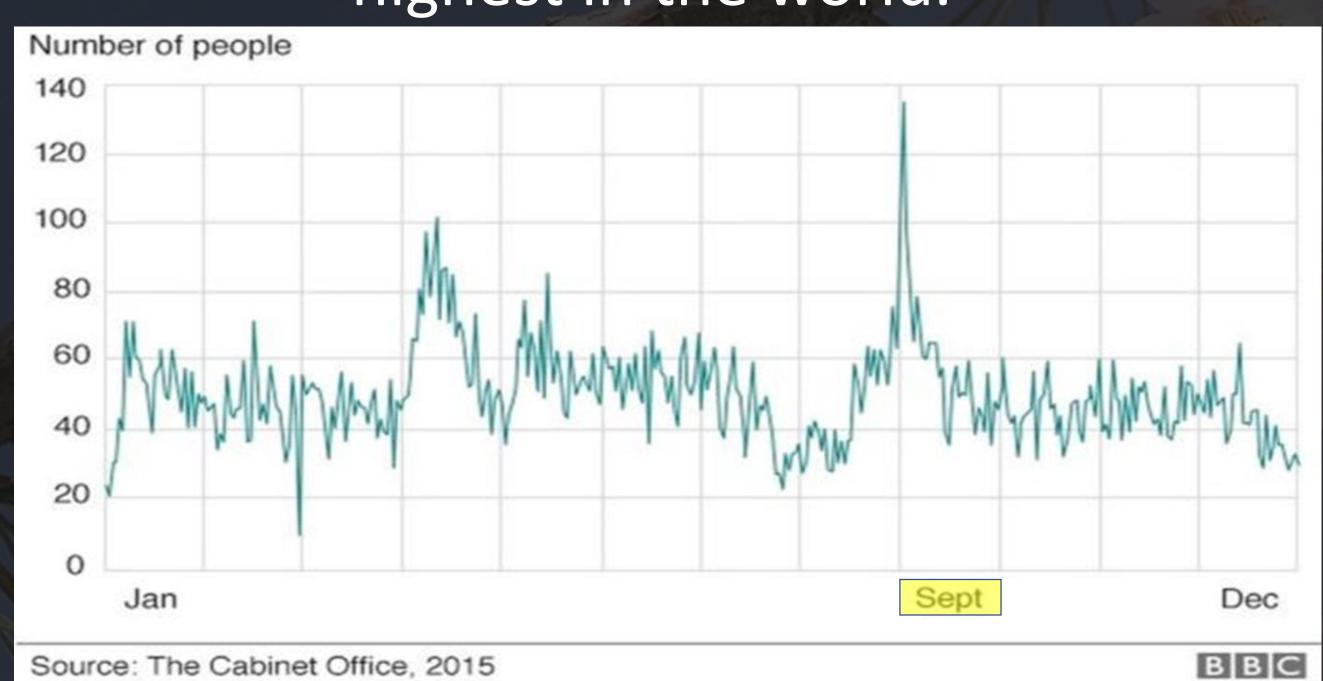
Teenage Suicide in the Kanto Region of Japan

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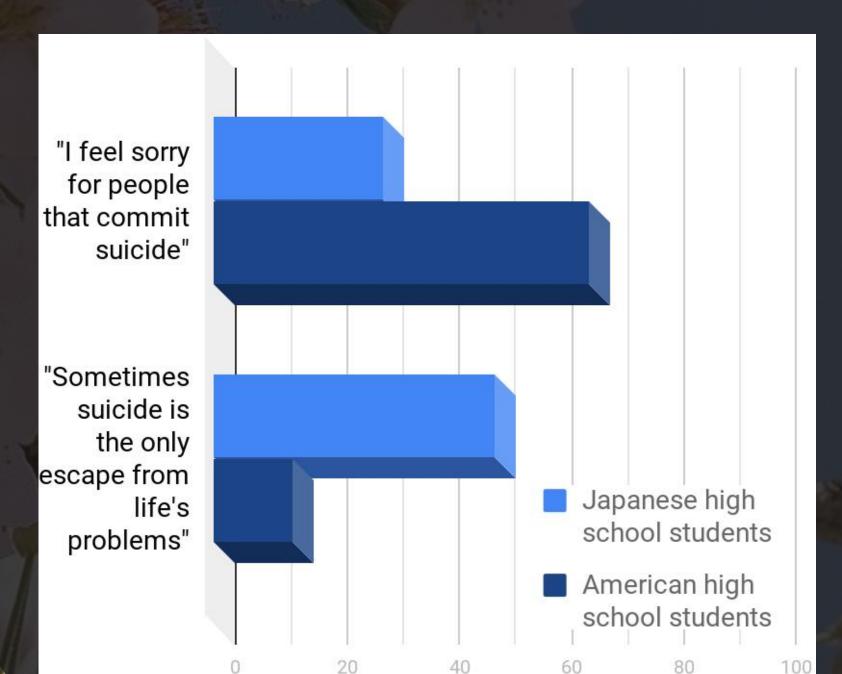
Problem

Teen suicide rates in Japan are the among the highest in the world.



A spike of suicide rates in September is caused by the stress of the start of the school year.

Why is this a problem?



Suicide is normalized in Japan.

Seppuku, a form of ritual suicide, makes it seem honorable.

Current Solutions



The Japanese government has important partnerships with organizations that provide various suicide prevention and awareness programs.

Our Solution

Interactive Awareness
Program

Part 1



Teach students how to identify suicidal signs and help solidify the importance of taking care of mental health

Those who attend an awareness program will be twice as likely to perceive suicidal signs and step in to help others



Gatekeepers are students who are trained through the program in order to help their peers in need

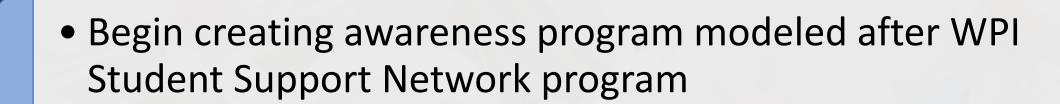
Part 2



A rooftop garden will allow students to access nature and reap the benefits connected with spending time outdoors.

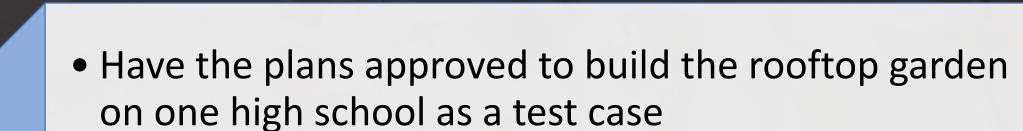


Implementation



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Start scheduling program as a daily part of school routine



Construct

Begin building rooftop garden



Analyze

- Monitor the success of the program by distributing surveys through the test school
- Collect government statistics focusing on the rate of teenage suicide

Assessments

Qualitative

school wide to get direct feedback

from students

Intuitive survey that is distributed

Yearly statis

Quantitative

Yearly statistics on suicide collected by the Government to see the effective of the solution





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