

Commonside: Community First

Creating a better future for ourselves, our
community, and our families.



Who we are



Photo

Name

Title



Photo

Name

Title



Photo

Name

Title

Events and Services



image

Lunch Club



image

Mediterranean
Night



image

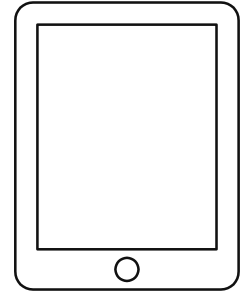
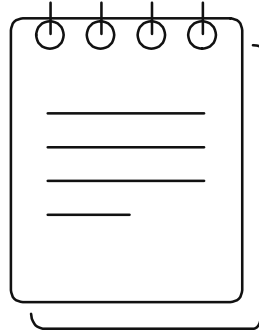
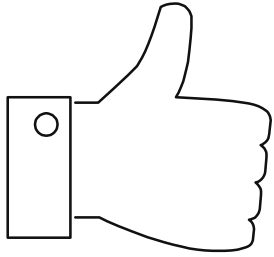
Bingo Night

90%

of clients would
recommend
Commonside to their
friends and family.

*39 survey responses

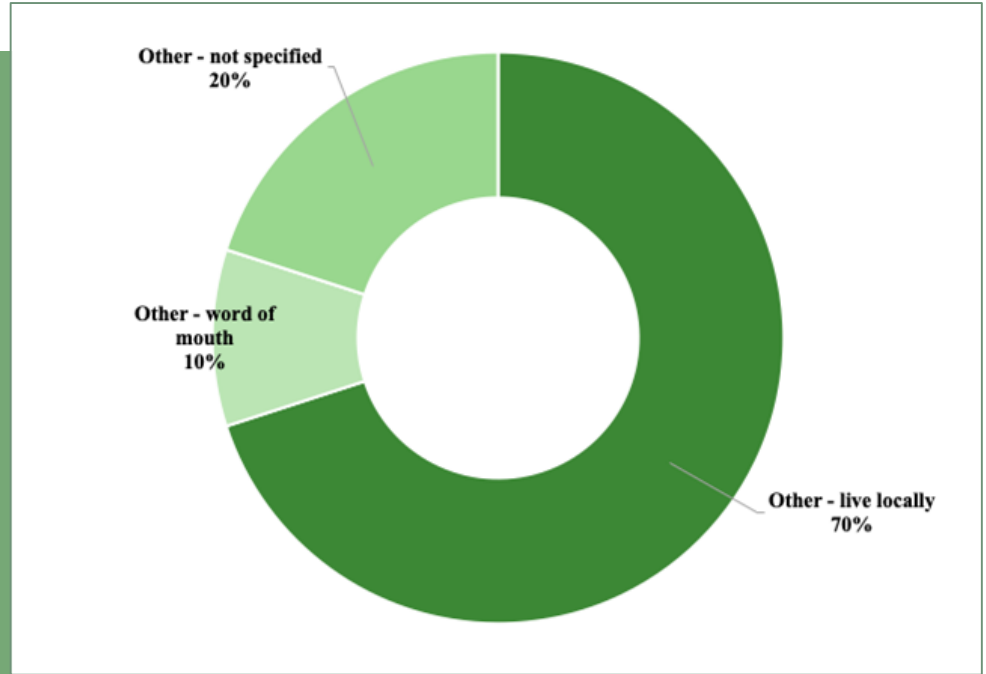




Client Feedback

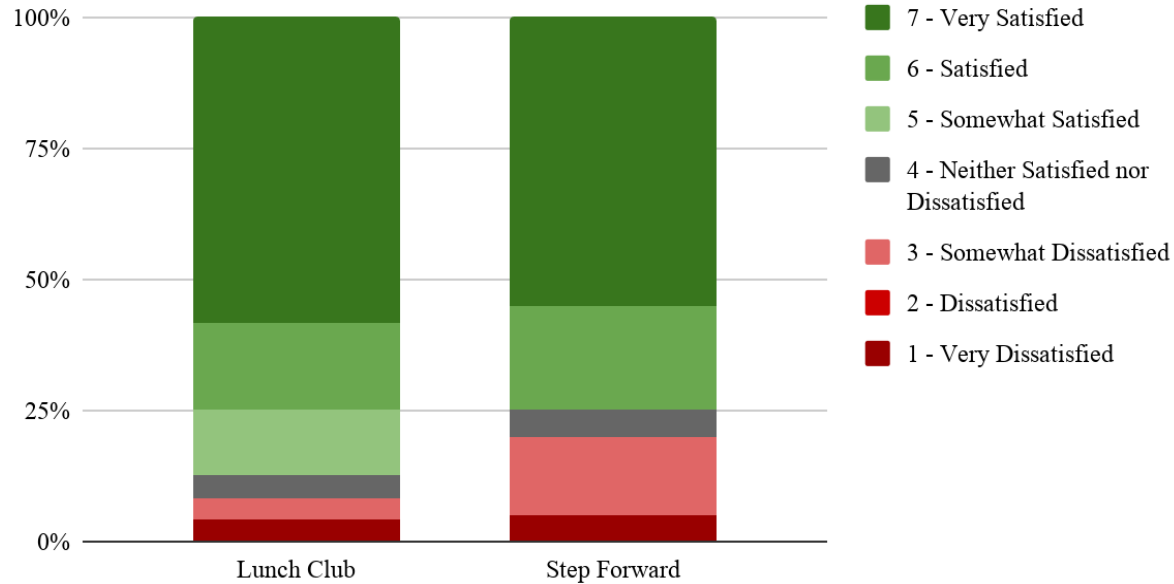
70%

of clients began coming to Commonsense because they **live locally**



Lunch Club and Step Forward

Total responses per question: 21, 16



More than

75%

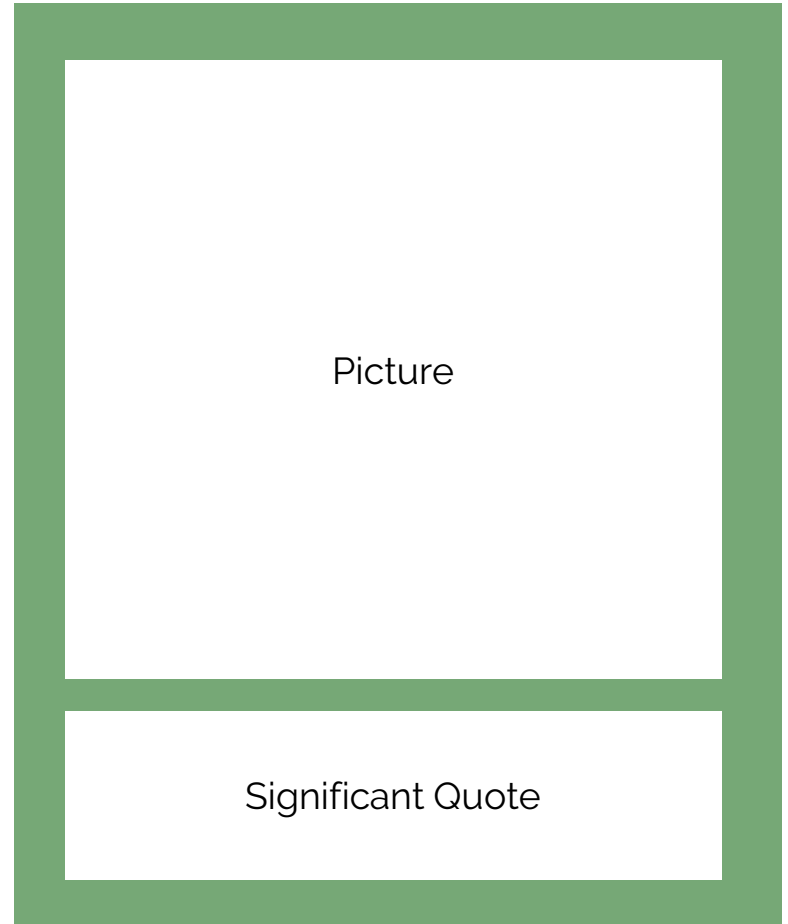
of clients are **satisfied** with the advice services that they receive.

Client Name

Age, Gender

When they first started coming to
Commonside (or how long they
have been coming)

Short summary of their story of how
Commonside helped them



Picture

Significant Quote

William “Bill” Bumstead

95, Male

Volunteered when he was younger, now attends Lunch Club and events.

Bill has lived in the Pollards Hill area for 65 years. To him, Commonsides gives the energy to keep going on with life. While he does not use advice services, he appreciates that he knows he could turn to Commonsides for help with any issue that he might have in his life.



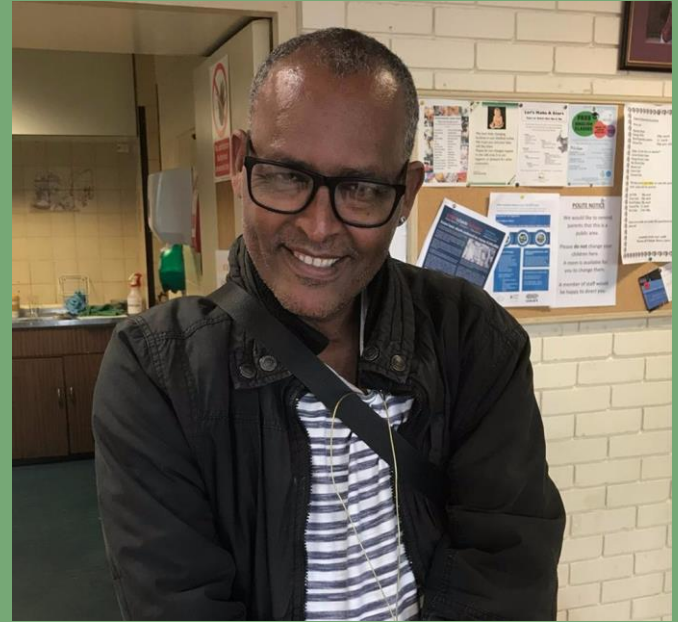
“People of our age need to come out when you’ve been living alone to meet and share things with each other.”

Yosief Tewolde

54, Male

Client volunteer since 2012

Yosief was recommended to Commonsense after recovering from an accident in which he suffered memory loss. Staff at Commonsense recommended he write books to stimulate brain activity. Yosief is now a self-published author and is working on more written works. In addition to receiving advice, Yosief attends Lunch Club to socialize with the community.



“There’s nowhere else to go that matches the benefits of Commonsense.”

Peter Smith

65, Male

Client since September 2017

Peter first came to Commonsense for help with unemployment benefits. He had been injured and was unable to find work. With the Step Forward Programme's help, he was able to receive PIP and now helps out the Commonsense team wherever they need it, whether it be filling in for the chef (his former occupation for 45 years), carrying in food donations, or serving coffee.



"You won't find better people than these."

Brighton Young Carers Ad Campaign

Case studies of young carers placed as ads in Brighton Rail Station



"I look after my family because I just love helping people"

RAFAEL, AGED 10

Join the Carers Centre Community today at thecarerscentre.org



NYLA, AGED 11

"Despite activities and groups give young carers a chance to step away from their caring role and have time for themselves. They get great peer support from each other as well as from the dedicated workers."

RUTH - YOUNG CAREERS MANAGER

Join the Carers Centre Community today at thecarerscentre.org



NATHAN, AGED 13

"He really looks forward to coming to the 'drop-in' and it's helped with his confidence."

MATTHEW'S MUM

Join the Carers Centre Community today at thecarerscentre.org



"I help out at home as much as I can, whenever I can"

DYLAN, AGED 15

Join the Carers Centre Community today at thecarerscentre.org

