



# WPI

# The T.J. Maxx for Food

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**Goal: Increase access to healthy, affordable food in Worcester**

**Problem: Obesity in Worcester**



In Worcester, 31% of 1<sup>st</sup> graders are overweight

**WHO?**  
Low income, black, and Hispanic people are at highest risk

**WHY?**  
Time: Working multiple jobs leaves little time for cooking  
Affordability: Fast food is cheap, healthy food is expensive  
Cultural Familiarity: Immigrants can be unfamiliar with preparing western food

**Solution: Second Hand Grocery Store**



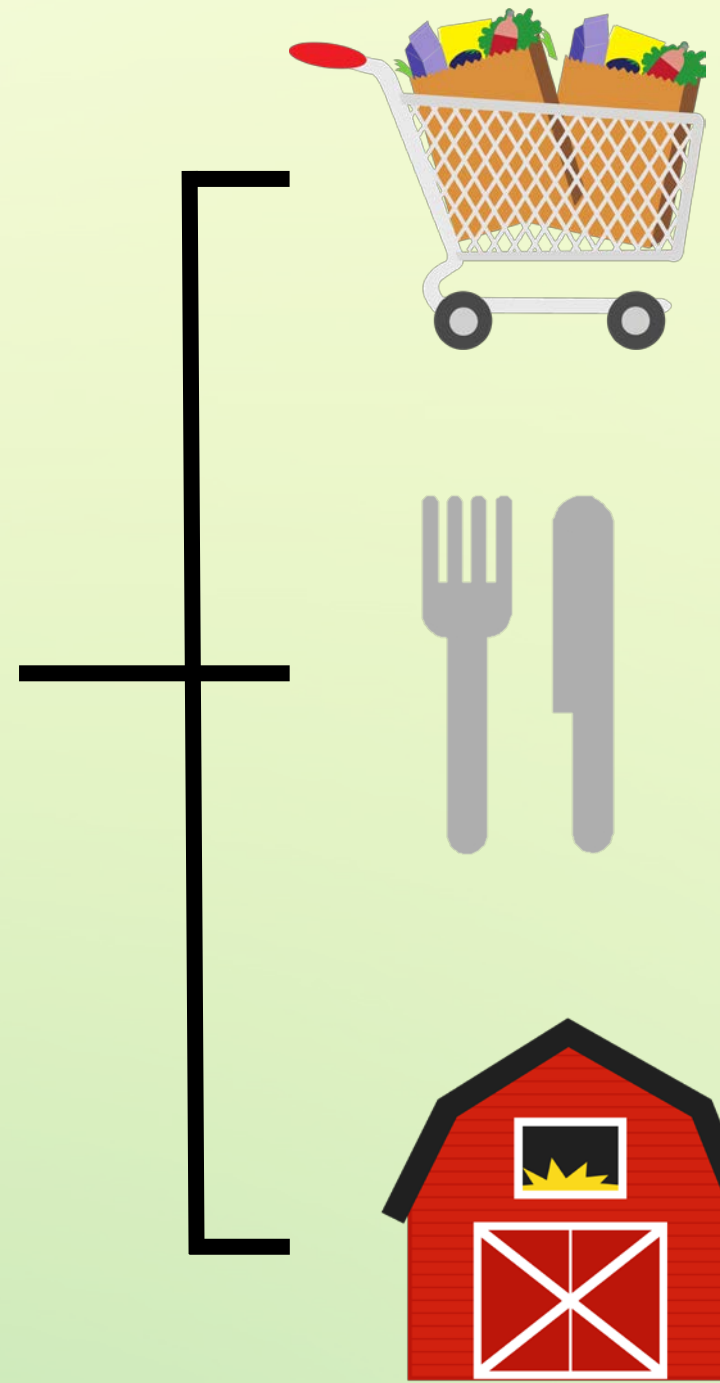
The Daily Table in Dorchester, MA

**WHAT?**  
"The TJ Maxx of grocery stores"  
Healthy prepared meals for under \$6  
Food Stamp eligible food

**HOW?**  
Gleaning excess crops from farms  
Donations from restaurants and grocery stores  
Chef repurposes collected food

## Our Part

**The Survey**  
Developed a survey to assess viable food supply networks  
Assesses amount of surplus food from farms, grocery stores, and restaurants  
Reviewed by the Food Policy Council and the Worcester County Food Bank



- 135 grocery stores serving Worcester
- 570 full service restaurants in Worcester
- Over 1,500 farms in Worcester County

**What's Next**  
Food Policy Council will distribute our survey when appropriate  
Evaluate potential distribution network  
Begin looking into possible locations in Worcester

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